

Grimes Parks & Recreation Department

Telephone: (515) 986-2143

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www.grimesiowa.gov

CITY OF
GRIMES



NEW! Basic Cooking Classes at the GCC

Program Description:

New! Learn the basics of cooking with instructor, Gina Mundt of Grimes. Here is an outline of the six classes:

1. Basic tomato sauce
2. Homemade pasta (canneloni)
3. Brasiola (meat rolls)
4. Parmigiana dishes
5. Antipasti (appetizers)
6. Pizza.



Who: Adults ages 16 and Up

Where: Grimes Community Complex at 410 SE Main Street in Grimes

Dates: Thursdays, January 20 – February 24, 2011
(Deadline is January 18 at 5pm).

Times: 6:00pm - 7:30pm

Questions: Contact Brett Barber, Grimes Parks & Recreation Director at bbarber@ci.grimes.ia.us or by phone at 986-2143.

To Register: Online at www.grimesiowa.gov or pay with cash/check to **City of Grimes** and bring in the registration to the GCC Parks & Rec Office or mail to Parks & Rec Office at 410 SE Main St. in Grimes.

Cost: \$50 per participant for all 6 classes OR \$10 per participant for each class

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2011 Winter Basic Cooking Classes at the GCC

PARTICIPANT'S NAME: _____

PARENT/GUARDIAN'S NAME (if minor): _____

STREET ADDRESS: _____ CITY: _____ ZIP CODE: _____

EMAIL: _____ PHONE: _____

Please subscribe me to the Grimes P & R Email List (Circle): Yes No Already

Please Circle: Class 1 Class 2 Class 3 Class 4 Class 5 Class 6 ALL

Cost is \$50 per participant for all 6 classes OR \$10 per participant for each class

Release and Indemnification Agreement:

I hereby request that you accept my child's application for registration in this Grimes Park and Recreation Department program. With consideration of your acceptance of my child, I hereby release the City of Grimes, its employees, and the coaches and volunteers associated with this program from all claims which may arise in the event my child is injured in an accident that occurs while he or she is participating in this program. I further agree to indemnify the City of Grimes, its employees, and the coaches and volunteers associated with this program for any claim, which may hereafter be presented on behalf of my child as a result of any such injuries. I hereby acknowledge that it is my responsibility, not the responsibility of the City of Grimes, to provide medical insurance coverage in the event I desire to have medical insurance coverage for my child while he or she participates in this particular activity. I will also allow pictures of my child during this program to be used only for the marketing purposes of future Grimes Parks and Recreation programs.

Signature of Parent or Guardian

Date

Grimes Parks and Rec Office ~ 410 SE Main St. in Grimes